

*Ministry of Health and Family Welfare and
Ministry of Women and Child Development*

SWASTH NARI, SASHAKT PARIVAR ABHIYAAN



 **17th September - 2nd October, 2025**

 **9:00 am - 4:00 pm**

About the event

Ministry of Health & Family Welfare is launching the Health Abhiyaan - "**Swasth Nari, Sashakt Parivar Abhiyaan**" from 17th September, 2025 to 2nd October 2025, culminating on Gandhi Jayanti. The Abhiyaan will be undertaken in close convergence with "Poshan Maah" being observed by Ministry of Women and Child Development and will be inaugurated nationally by the Hon'ble PM at Indore, Madhya Pradesh. As a part of this Jan Abhiyaan, health camps will be organized across the nation where various health services including specialist services will be provided to women

Sharda School of Nursing Science is hosting an event on

"Swasth Nari, Sashakt Parivar Abhiyaan" –

which means **"Healthy Women, Empowered Families Campaign."** This campaign is being observed from 17th September to 2nd October 2025. It's a public health awareness initiative theme that emphasizes the idea that when women are healthy, their families and communities become stronger, safer, and more empowered. To ensure that no woman falls victim to a serious illness due to lack of knowledge or resources.

The campaign goes beyond service delivery it builds awareness, trust, and responsibility in families. A Swasth Nari (Healthy Woman) not only protects her own health but also creates a Sashakt Parivar (Empowered Family), and together they contribute to a healthier society and stronger nation.

Objective

- To organize a safe and effective voluntary blood donation camp for students, faculty, and the community. (SDG 3: Good Health and Well-being)
- To create awareness about the importance of blood donation and dispel myths through health education. (SDG 4: Quality Education)
- To provide nursing students with hands-on experience in donor motivation, screening, and community outreach. (SDG 4: Quality Education)
- To strengthen community participation and partnerships for saving lives through voluntary donation. (SDG 17: Partnerships for the Goals)

Event Detail with Organizer's

| S.NO. | Name of the Event | Date | Venue | Event Coordinator |
|-------|--|-----------|-----------------------------|--------------------------------------|
| 1. | <i>Screening for Hypertension and Diabetes</i> | 25-Sep-25 | CHC Bistrakh | Mr. Suhel Masih and Ms. Monalisa |
| 2. | <i>Screening for oral cancer, Breast cancer and cervical cancer</i> | 27-Sep-25 | Ghanghola SC | Ms. Poonam and Ms. Sandhya |
| 3. | <i>Anaemia Screening and counselling for adolescent girls and women</i> | 26-Sep-25 | Panchayatan (School) | Ms. Hoakip and Ms. Shilpa |
| 4. | <i>Session on Menstrual hygiene and Nutrition for women including adolescent girls</i> | 26-Sep-25 | Panchayatan (GOVT. School) | Ms. Tamanna Goel and Ms. Varsha |
| 5. | <i>Nutritional counselling and wellness session</i> | 24-Sep-25 | Panchayatan Village | Ms. Chanchal Lata and Ms. Neha Karn |
| 6. | <i>ANC checkups with counselling + Mother & Child protection card distribution</i> | 23-Sep-25 | Sharda Hospital | Ms. Ritu Makhija and Ms. Sonia Lawai |
| 7. | <i>Immuzation services covering vaccine doses for childrentior card distribution</i> | 22-Sep-25 | Sharda Hospital | Ms. Helena and Ms. Diskha |
| 8. | <i>Blood Donation Camp</i> | 24-Sep-25 | IRCS & Sharda Hospital | Mr. Amlan Banik and Ms. Ankita |
| 9. | <i>Facilitating dissemination of Abhiyaan message</i> | 29-Sep-25 | Sharda FM | Ms. Joyce and MS. Madhvi |
| 10. | <i>Specialist Services</i> | 17-Sep-25 | Panchayatan | Ms. Chanchal Lata and Ms. Neha Karn |



Convener
Prof (Dr.) R.Sreeraja kumar
 Associate Dean, SSNSR

Co-Conveners

Mrs. J. Mythli
 HOD/Associate Professor,
 Community Health Nursing Department
 (Nodal Officer of the Event), SSNSR



Mrs. Anamika Charan
 Associate Professor,
 Fon Department, SSNSR



Coordinator
Ms. Neha Brarri
 Associate Professor,
 OBG Department, SSNSR



Organizer/Social Media Coordinator
Ms. Madhvi Sharma
 Senior Tutor/Lecturer, SSNSR



Organizers

Mr. Suhel Masih
 Associate Professor
 Community Health Department, SSNSR



Ms. Ritu Makhija
 Associate Professor
 Obstetric & Gynaecological Nursing Department, SSNSR



Ms. Chanchal Lata
 Assistant Professor
 Community Health Nursing Department, SSNSR



Ms. Joyce Prabhudas Ranadive
 Assistant Professor
 Medical Surgical Nursing, SSNSR



Ms. Tamanna Goyal
 Community Health Nursing Department, SSNSR



Ms. Sandhya Kumari
 Assistant Professor
 OBG Department, SSNSR



Ms. Nongmeikapam Helena
 Assistant Professor
 Department of Child Health Nursing, SSNSR



Ms. Monalisha Pal
 Assistant Professor
 Department of Community Health Nursing, SSNSR



Ms. Varsha Singh
 Senior Tutor
 Obs and Gynecology Nursing, SSNSR



Ms. Ankita Chhikara
 Senior Tutor
 FON Department, SSNSR



Ms. Effy
 Senior Tutor
 Medical Surgical Nursing, SSNSR



Ms. Sonia Lawai
 Senior Tutor
 Obstetrics and Gynaecology in Nursing, SSNSR



Ms. Shilpa Thakur
 Senior Tutor
 Child Health Nursing, SSNSR



Ms. Poonam Thakur
 Assistant Professor
 Medical Surgical Nursing, SSNSR



Mr. Amlan Banik
 Senior Tutor/Lecturer
 MSN (N) Department, SSNSR



Ms. Lamnunem Haokip
 Senior Tutor/Lecturer
 OBG (N) Department, SSNSR



Ms. Neha Karn
 Senior Tutor
 Community health Nursing, SSNSR

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