

*Ministry of Health and Family Welfare and
Ministry of Women and Child Development*

SWASTH NARI, SASHAKT PARIVAR ABHIYAAN



 **17th September - 2nd October, 2025**

 **9:00 am - 4:00 pm**

About the event

Ministry of Health & Family Welfare is launching the Health Abhiyaan - "**Swasth Nari, Sashakt Parivar Abhiyaan**" from 17th September, 2025 to 2nd October 2025, culminating on Gandhi Jayanti. The Abhiyaan will be undertaken in close convergence with "Poshan Maah" being observed by Ministry of Women and Child Development and will be inaugurated nationally by the Hon'ble PM at Indore, Madhya Pradesh. As a part of this Jan Abhiyaan, health camps will be organized across the nation where various health services including specialist services will be provided to women

Sharda School of Nursing Science is hosting an event on

"Swasth Nari, Sashakt Parivar Abhiyaan" –

which means "**Healthy Women, Empowered Families Campaign.**" This campaign is being observed from 17th September to 2nd October 2025. It's a public health awareness initiative theme that emphasizes the idea that when women are healthy, their families and communities become stronger, safer, and more empowered. To ensure that no woman falls victim to a serious illness due to lack of knowledge or resources.

The campaign goes beyond service delivery it builds awareness, trust, and responsibility in families. A Swasth Nari (Healthy Woman) not only protects her own health but also creates a Sashakt Parivar (Empowered Family), and together they contribute to a healthier society and stronger nation.

Objective

- To ensure that no woman falls victim to a serious illness due to lack of knowledge or resources.
- To Increase public awareness about its risk factors, prevention, and management strategies for women health
- To provide education to communities, healthcare professionals, policymakers, and stakeholders about women health promotion.
- The importance of monitoring, healthy lifestyle habits, and early detection of disease among women's.
- To encourage women to undergo regular screenings to detect breast & cervical cancer & early detection & minimize the risk. Especially among populations at higher risk.
- To advocate for policies and initiatives at the national and global levels to improve access to healthcare among women.
- Ensure services, affordable medications, and essential resources for women wellness.

Event Detail with Organizer's

S.NO.	Name of the Event	Date	Venue	Event Coordinator
1.	<i>Screening for Hypertension and Diabetes</i>	25-Sep-25	CHC Bistrakh	Mr. Suhel Masih and Ms. Monalisa
2.	<i>Screening for oral cancer, Breast cancer and cervical cancer</i>	27-Sep-25	Ghanghola SC	Ms. Poonam and Ms. Sandhya
3.	<i>Anaemia Screening and counselling for adolescent girls and women</i>	26-Sep-25	Panchayatan (School)	Ms. Hoakip and Ms. Shilpa
4.	<i>Session on Menstrual hygiene and Nutrition for women including adolescent girls</i>	26-Sep-25	Panchayatan (GOVT. School)	Ms. Tamanna Goel and Ms. Varsha
5.	<i>Nutritional counselling and wellness session</i>	24-Sep-25	Panchayatan Village	Ms. Chanchal Lata and Ms. Neha Karn
6.	<i>ANC checkups with counselling + Mother & Child protection card distribution</i>	23-Sep-25	Sharda Hospital	Ms. Ritu Makhija and Ms. Sonia Lawai
7.	<i>Immuzation services covering vaccine doses for childrention card distribution</i>	22-Sep-25	Sharda Hospital	Ms. Helena and Ms. Diskha
8.	<i>Blood Donation Camp</i>	24-Sep-25	IRCS & Sharda Hospital	Mr. Amlan Banik and Ms. Ankita
9.	<i>Facilitating dissemination of Abhiyaan message</i>	29-Sep-25	Sharda FM	Ms. Joyce and MS. Madhvi
10.	<i>Specialist Services</i>	17-Sep-25	Panchayatan	Ms. Chanchal Lata and Ms. Neha Karn



Convener

Prof (Dr.) R. Sreeraja kumar

Associate Dean, SSNSR

Co-Conveners

Mrs. J. Mythli

HOD/Associate Professor,
Community Health Nursing Department
(Nodal Officer of the Event), SSNSR



Mrs. Anamika Charan

Associate Professor,
Fon Department, SSNSR



Coordinator

Ms. Neha Brarri

Associate Professor,
OBG Department, SSNSR



Social Media Coordinator

Ms. Madhvi Sharma

Senior Tutor/Lecturer, SSNSR



Organizers

Mr. Suhel Masih

Associate Professor
Community Health Department, SSNSR



Ms. Ritu Makhija

Associate Professor
Obstetric & Gynaecological Nursing Department, SSNSR



Ms. Chanchal Lata

Assistant Professor
Community Health Nursing Department, SSNSR



Ms. Joyce Prabhudas Ranadive

Assistant Professor
Medical Surgical Nursing, SSNSR



Ms. Tamanna Goyal

Community Health Nursing Department, SSNSR



Ms. Sandhya Kumari

Assistant Professor
OBG Department, SSNSR



Ms. Nongmeikapam Helena

Assistant Professor
Department of Child Health Nursing, SSNSR



Ms. Monalisha Pal

Assistant Professor
Department of Community Health Nursing, SSNSR



Ms. Varsha Singh

Senior Tutor
Obs and Gynecology Nursing, SSNSR



Ms. Ankita Chhikara

Senior Tutor
FON Department, SSNSR



Ms. Effy

Senior Tutor
Medical Surgical Nursing, SSNSR



Ms. Sonia Lawai

Senior Tutor
Obstetrics and Gynaecology in Nursing, SSNSR



Ms. Shilpa Thakur

Senior Tutor
Child Health Nursing, SSNSR



Ms. Poonam Thakur

Assistant Professor
Medical Surgical Nursing, SSNSR



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