



SHARDA
UNIVERSITY
Beyond Boundaries



**Sharda School of Humanities & Social Sciences
and
Bharatiya Sanskriti Vaishvik Kendra**

TRIDOSHA BALANCING THROUGH RAGA CHIKITSA

HEALING THROUGH SOUND & CONSCIOUS LISTENING



Dr. Shambhavi Das

**TEDx Speaker | Founder, Manonad
Indian Classical Vocalist | Music
Therapy Pioneer | Mental Health
Advocate | Educator**

31 October 2025, 11:00AM-12:00 PM

**VENUE: APJ Auditorium 005,
Sharda University Campus, Greater Noida**

Chief Patron

**Shri P.K. Gupta
Shri Y.K. Gupta**

Patron

**Prof. Dr. Sibaram Khara
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Convener

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