



## ABOUT THE UNIVERSITY

Sharda University is a leading Educational institution based out of Greater Noida, Delhi NCR. A venture of the renowned Sharda Group of Institutions (SGI), The University has established itself as a high quality education provider with prime focus on holistic learning and imbining competitive abilities in students.

## ABOUT SCHOOL

The Sharda School of Humanities and Social Sciences (SSHSS) plays a crucial role in providing students with an ambience that is helpful in developing an understanding of modern social issues through science, technology and management with an interdisciplinary approach. SHSS has a unique and unique role of providing a creative educational programmer that focuses on overall understanding of complexities of life with an emphasis on Indian cultural values and ethics.

The academic programs are specially designed in accordance with the best global practices. We combine the best practices of teaching and classroom learning and complements them with practical training and experiential learning. The school is equipped with modern facilities for the students and supported by a state-of-the-art library having large collections of books, journals, audio-visual aids and other learning materials.

## KEY HIGHLIGHTS

SSHSS adopts the interdisciplinary and integrative pedagogical approach to systematically impart training for diverse languages, literature, histories and cultures. SHSS at Sharda University takes the global learning environment to a new level with cultural, creative and academic activities.

The school is equipped with a language lab with access to Pearson Global English Software; Wi- Fi enabled spacious classrooms with projectors and other audio-visual aids. SHSS has emerged as the epicenter of cultural, creative and academic activity at Sharda University with students from all over the world creating a multi-cultural environment and a vibrant global network of students.

Department of Humanities and Social Sciences

The Department of Humanities and Social Sciences offers various courses that encourage the spirit of enquiry and critical analysis of new categories of thought that connects individual experience to the wider social life.

Committed to the pursuit of excellence in higher education, the department offers degrees at Bachelor, Masters and PhD levels in English Literature, Political Science, History, Psychology and Sociology. The department also offers various short term courses in language proficiency. It offers special "bridge" courses and Communicative English Programs to students seeking to improve their language skills. The Remedial English course we offer to university students is always in demand and is found useful by a wide range of students from various disciplines.

## VISION, MISSION OF THE UNIVERSITY

### Vision

To serve the society by being a global University of higher learning in pursuit of academic excellence, innovation and nurturing entrepreneurship.

### Mission

1. Transformative educational experience
2. Enriched by educational initiatives that encourage global outlook
3. Develop research, support disruptive innovations and accelerate entrepreneurship
4. Seeking beyond boundaries

## CORE VALUES

- Integrity
- Leadership
- Diversity
- Community

## VISION, MISSION OF THE SCHOOL

### Vision

To become one of the leading schools of humanities and social sciences by setting global standards of excellence in ingenious curriculum, teaching-learning methods, professional development, and cross-cultural understanding

### Mission

- M1.** To promote learning and employability skills among students.
- M2.** To promote study of humankind and its manifestation.
- M3.** To help students succeed in their academic and professional lives.
- M4.** To encourage research and promote knowledge creation.

## ABOUT THE COURSE

This course helps to develop the understanding of human development across their lifespan within the context of family, peer groups, child-care and after-school, Programs, schools, neighborhoods, and larger communities and society. Developmental psychology is a scientific approach which aims to explain growth, change and consistency through the lifespan. It also looks at how thinking, feeling, and behavior change throughout a person's life.

## PROFILE

**Dr. Radhika Vishalam Krishnamoorthy** serves as an Associate Professor of Psychology at the Sharda School of Humanities and Social Sciences, Sharda University. With a PhD in Psychology and UGC-NET qualification, her expertise encompasses Cognitive Psychology, Organizational Behavior, and Human Resource Management. She is committed to advancing impactful research and employing innovative pedagogy to cultivate a dynamic learning environment. Dr. Radhika has significantly contributed to academia through her research publications and presentations at esteemed conferences in her fields of specialization.

## COURSE SCHEDULE

| Week  | Content   | Duration Hrs. |
|-------|---|---------------|
| 1     | Indian Knowledge System: Meaning and Nature   | 2             |
| 2     | IKS: Varied Disciplines and Scope   | 2             |
| 3     | Historicity of IKS  | 2             |
| 4     | Introduction to 4 Vedas: Rigveda, Samaveda, Yajurveda, and Atharvaveda.   | 2             |
| 5     | Introduction to Itihasas: Mahabharata and Ramayana  | 2             |
| 6     | Introduction to Arthashastra  | 2             |
| 7     | Introduction to the Schools of Indian Philosophy: Astika and Nastika  | 2             |
| 8     | Introduction to the Philosophical Concepts from the Bhagavad Gita: Jyana yoga (knowledge), karma yoga (action) and bhakti yoga (devotion) | 2             |
| 9     | Relevance of Ancient Philosophical Concepts in the Contemporary Times   | 2             |
| 10    | Ayurvedic Principles of Food Habits   | 2             |
| 11    | Principles of Diet: Sattvik, Rajasic and Tamasic  | 2             |
| 12    | Lifestyle Management with Dincharya and Ritucharya  | 2             |
| 13    | Introduction to Natya ,Rasas ad Kavya   | 2             |
| 14    | Introduction to Languages and Scripts   | 2             |
| 15    | Introduction to Linguistics   | 2             |
| Total |   | 30 hrs        |

## Course Module

**School: SSHSS**  
**Program: M.A.**  
**Branch: MA**

**Batch : 2024-26**  
**Current Academic Year: 2024-25**  
**Semester: II**

|                              |  |                   |
|------------------------------|--|-------------------|
| <b>1. Course Code</b>        | NV81011  |                   |
| <b>2. Course Title</b>       | Introduction to Indian Knowledge System  |                   |
| <b>3. Credits</b>            | Non-credit   |                   |
| <b>4. Contact Hours</b>      | 30 Hours   |                   |
| <b>Course Type</b>           | Value added course   |                   |
| <b>5. Course Objective</b>   | <ol style="list-style-type: none"> <li>To introduce students to the fundamental principles and introductory aspects of Indian Knowledge Systems.</li> <li>To enable students to interpret select texts from the Vedic corpus, encouraging them to develop their own perspectives</li> <li>To gain insights from Indian Knowledge Systems so as to engage discussions relating to contemporary issues and problems in various fields</li> <li>To foster an integrative understanding of knowledge by relating traditional Indian wisdom to modern challenges, promoting interdisciplinary approaches and innovative solutions.</li> <li>To guide students in evaluating the philosophical, cultural, and spiritual dimensions of ancient Indian texts, providing them with a deeper appreciation of the values and ideas that have shaped Indian thought.</li> <li>To cultivate an appreciation for the ethical and moral dimensions embedded in Indian Knowledge Systems, encouraging students to reflect on the importance of these values in both historical and contemporary contexts.</li> </ol> |                   |
| <b>6. Course Outcomes</b>    | Student will be able to:<br>CO1: Identify meaning, nature and scope of IKS<br>CO2: Interpret Vedic corpus in their own perspectives<br>CO3: Apply knowledge gained from IKS and relate it to contemporary times<br>CO4: Relate traditional wisdom to modern challenges, fostering an integrative understanding of knowledge.<br>CO5: Evaluate the philosophical, cultural, and spiritual dimensions of Ancient Texts<br>CO6: Develop an appreciation for the ethical and moral dimensions embedded in IKS.   |                   |
| <b>7. Course Description</b> | This course provides an in-depth exploration of the Indian Knowledge System (IKS), encompassing its meaning, nature, and scope. Students will engage with the Vedic corpus and other classical texts, interpreting them through their own perspectives while developing critical thinking skills. The course emphasizes the application of traditional knowledge to contemporary times, encouraging students to relate ancient wisdom to modern challenges and fostering an integrative understanding of knowledge.  |                   |
| <b>8. Outline syllabus</b>   |  | <b>CO Mapping</b> |
| <b>Unit 1</b>                | <b>Indian Knowledge System: An Introduction</b>  |                   |
| A                            | Indian Knowledge System: Meaning and Nature  | CO1               |
| B                            | IKS: Varied Disciplines and Scope  | CO1               |
| C                            | Historicity of IKS   | CO1               |
| <b>Unit 2</b>                | <b>Introduction to Ancient Indian Literature</b>   |                   |
| A                            | Introduction to 4 Vedas: Rigveda, Samaveda, Yajurveda, and Atharvaveda.  | CO2               |
| B                            | Introduction to Itihasas: Mahabharata and Ramayana   | CO2               |
| C                            | Introduction to Arthashastra   | CO2               |
| <b>Unit 3</b>                | <b>Introduction to Ancient Philosophical Concepts</b>  |                   |
| A                            | Introduction to the Schools of Indian Philosophy: Astika and Nastika   | CO4               |
| B                            | Introduction to the Philosophical Concepts from the Bhagavad Gita: Jyana yoga (knowledge), karma yoga (action) and bhakti yoga (devotion)  | CO4<br>CO3        |
| C                            | Relevance of Ancient Philosophical Concepts in the Contemporary Times  |                   |
| <b>Unit 4</b>                | <b>Ayurveda and Food Nutrition</b>   |                   |
| A                            | Ayurvedic Principles of Food Habits  | CO3, CO4          |
| B                            | Principles of Diet: Sattvik, Rajasic and Tamasic   | CO3               |
| C                            | Lifestyle Management with Dincharya and Ritucharya   | CO3, CO4          |
| <b>Unit 5</b>                | <b>Natya, Kavya, Scripts, Languages and Linguistics: An Introduction</b>   |                   |
| A                            | Introduction to Natya ,Rasas ad Kavya  | CO5, CO6          |
| B                            | Introduction to Languages and Scripts  | CO5, CO6          |
| C                            | Introduction to Linguistics  | CO5, CO6          |
| <b>Mode of examination</b>   | Assignments; Quiz; Viva  |                   |