



ISPN INDIA

Indian Society Of Psychiatric Nurses (Reg.)



**SHARDA
UNIVERSITY**

Beyond Boundaries



ANNOUNCES

**25th National and
4th International ISPN conference**

ISPNC 2026

Date: 23rd, 24th & 25th February 2026

**Venue: Sharda School of Nursing Science and Research
Sharda University, Delhi NCR**

Theme:

**Access to services : Mental health and catastrophes and emergencies
- Empowering nurses**

Uttar Pradesh Nurses & Midwives Council has granted - 4 Credit hours

Email: info@ispnindia.org

Website: www.ispnindia.org



About our identity

The name of University, 'Sharda' is synonymous with 'Goddess of knowledge and learning - Saraswati'. She is identified with 'veena' an Indian musical instrument and the 'lotus' where she resides. The lotus in our logo symbolizes the seat of learning that the University is created for. The variety of colours in the logo represents the wide range of disciplines covered at Sharda, while the overlap between petals symbolizes the collaborative spirit within our community. It signifies how students and faculty from diverse programmes, nationalities, and backgrounds come together, merging ideas and perspectives to create new knowledge and drive innovation. This unity and collaboration are at the heart of our educational ethos.

The petals leading toward a star are an embodiment of the University's cherished mission to provide education beyond boundaries and to facilitate the students and faculty to achieve pinnacles of success throughout the world!

Overview

Sharda University, a flagship institution of the Sharda Group, is guided by Jain values that shape its vision, mission, and commitment to ethics, education, and social responsibility. Since its establishment in 2009, the university has emerged as a leading center for education, research, and innovation in India. Its academic excellence is reflected in its recognition among South Asia's top institutions in the QS Asia University Rankings 2024, A+ accreditation by NAAC, and a NIRF ranking of 86.

The Sharda School of Nursing Science and Research (SSNSR) is a key constituent of the university, dedicated to developing competent, compassionate, and ethical nursing professionals. The School emphasizes quality education, research, leadership, and holistic healthcare, with a strong focus on community service and evidence-based practice. Through academic excellence and clinical exposure, SSNSR prepares nurses to meet contemporary healthcare challenges, including mental health care, disaster preparedness, and emergency response at national and

Beyond rankings, Sharda University is a vibrant global community with students from over 95 countries, fostering a multicultural learning environment that encourages innovation, inclusivity, and global collaboration. Guided by the motto "The World is Here, Where Are You?", the university empowers students not only with knowledge but also with the values and skills needed to emerge as responsible professionals and global citizens.

Indian Society of Psychiatric Nurses (ISPN India)

Indian Society of Psychiatric Nurses (ISPN) is a professional society registered under the Karnataka Societies Registration Act in the year 1991. The objectives are to achieve proficiency in mental health nursing practice utilizing strong evidence through scientific research in psychiatric nursing. ISPN has conducted 24 national and three international conferences on various aspects of mental health nursing. The society also publishes the Indian Journal of Psychiatric Nursing biannually which is a recognized journal in UGC Care list, DOAJ and a renowned nursing journal.

About the conference

The 4th International and 25th Annual conference of ISPN is being organized from 23rd to 25th February 2026 at Sharda University, Greater Noida. The theme of the conference is Access to services : Mental health and catastrophes and emergencies - Empowering nurses . This is a unique event for all the members and those interested in mental health across life span. The aim of this event is to provide an opportunity for all participants to discuss about current issues related to mental health and practice, share scientific evidence and experiences and discuss future plans. The Conference will be organized at the Sharda University, Greater Noida, with the participation of eminent scholars from all over India and overseas who are experts in their respective fields who can share their knowledge with the delegates participants through scientific deliberations. The aim of this conference is to share knowledge, experiences and good practices related to mental health promotion across life span and role of nurses and other healthcare professionals.

Places to visit near



Surajpur Bird Sanctuary



The Grand Venice Mall



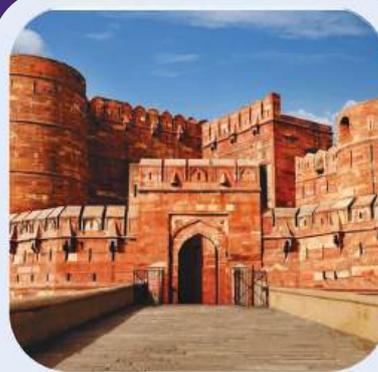
Qutub Minar



Swaminarayan Akshardham



Taj Mahal



Agra Fort



India Gate



Dilli Haat



Pasar Chandni Chowk

For more details: <https://delhitourism.gov.in/>

Instructions for participants

Paper/Poster Presentation

Guidelines for Scientific Paper/ Poster Presentation:

The abstract is to be submitted in English Language, with 12-point font (Times New Roman), 1.5 spacing, maximum 250 to 300 words highlighting the objectives, methodology main findings should be submitted through ONLINE Link: <https://ispnindia.org/poster-paper-submission/> on or before 5th February 2026 till 5:00 PM.

Relevant articles related to theme or sub theme will be selected by the respective committee members for presentation will be informed through mail.

Criteria for Scientific Paper Presentation

No. of PPT slides: 15 -20

Time for presentation: 10 minutes (8 minutes for presentation 2 minutes for discussions.)

Criteria for Poster Presentation

Technical specification for E-Poster preparation

File Format: PPT file – 1 page is recommended

Orientation: Please create your document in PowerPoint in Landscape Layout 16×9

Font types: Arial, Calibri, Verdana Times New Roman or Helvetica

Font size: > 11

Hyperlinks, animated images, animations and embedded videos are not permitted.

Images and tables: at least 200 dpi. Good picture quality is essential.

When inserting images, photos, tables, etc., use copy-paste. Do not use embedded documents.

Avoid overlapping objects and layers. Only the final view/status will be visible.

SUBMIT HERE

<https://ispnindia.org/paper-poster-submission/>

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Programme Schedule

Day 1: 23/02/2026 Monday

Day	Time	Sessions / Events	Topic	Speaker	Chairperson	Venue
Day 1	08.00 to 08.45 am			Registration		
23 Feb 2026 Monday	08.45 to 09.00 am			Commencement of sessions by Dr K Reddemma, Patron, ISPN		
	09.00 to 09.45 am	Session 1	Mental Health in Disaster Preparedness: Current Status and Challenges	Dr Achla Dagdu Gaikwad Assistant Professor, Psychiatric Nursing, Assistant Registrar Academics Institute of Human Behaviour and Allied Sciences IHBAS, Delhi	Dr. Radhakrishnan. G Additional Professor, Dept of Nursing, NIMHANS, Bengaluru	Anand Swaroop Auditorium (Block - 45) 4 th Floor
	09.45 to 10.30 am	Session 2	Peer Support Frameworks for Nurses in Disaster Settings	Ms. Virtu Chongtham Associate Professor (Psychiatry Nursing) Centre of Excellence Government Medical College & Hospital Chandigarh, India	Dr Fabiola M. Dhanaraj Principal/Professor, Meenakshi College of Nursing, Meenakshi Academy of Higher Education (Deemed to be University) Chennai, Tamil Nadu	
	10.30 to 11.15 am	Session 3	Nurse-Led Mental Health Care in a Disaster Setting.	Mr Raghunath .M Senior Nursing Officer & PhD Scholar (PsychoSocial Support in Disaster Management) NIMHANS, Bengaluru.	Dr Jayanthi K N, Lecturer, College of Nursing, NIMHANS, Bengaluru	
	11.15 to 11.45 am			"Short oral communication" / Tea		
	11.45 to 12.30 pm	Session 4	Ethical and Medico-Legal Issues in Disaster Mental Health Practice	Mr Rahul Pandey Legal Adviser Sharda University	Dr Naveenkumar Sharma, Faculty of Nursing, College of Nursing, AIIMS Patna Bihar.	
	12.30 to 01.15 pm	Session 5	Community Resilience and Psychosocial Recovery: Nursing Perspective	Col Keka Chatterjee (MNS) Prof and Principal, College of Nursing, Army Hospital (R&R) Delhi Cantt	Dr. Reena George Head, Department of Psychiatric Nursing, Institute of Mental Health & Neuro Sciences (IMHANS),	
	01.15 to 02.15 pm			Lunch		
	02.15 to 03.00 pm	Session 6	Developing competency: Mental Health in Catastrophes & Emergencies - guidelines of WHO(Geneva)	Dr Sandhya Gupta Health consultant (NHSRC, GoI) and Lifestyle Coach. Formerly Principal (actg.) And Associate Professor, College of Nursing AIIMS, New Delhi.	Dr. Binu Mathew Professor cum Principal College of Nursing AIIMS Raipur Chhattisgarh	
	03.00 to 04.00 pm			Scientific paper/Short oral communication presentation		Anand Swaroop Auditorium
				1 st floor-102, 3 rd Floor -Sem-1, Lab-1,Lab-3		
		04.00 to 05.00 pm		National quiz competition		Anand Swaroop Auditorium (Block - 45) 4 th Floor
		05.00 to 05.30 pm		Tea		
	05.30 to 07.00 pm		Inaugural function Cultural programme and dinner			

Day 2: 24/02/2026 Tuesday

Day	Time	Sessions / Events	Topic	Speaker	Chairperson	Venue	
Day 2 24 Feb 2026 Tuesday	09.00 to 09.45 am	Session 7	Community-based Innovative Mental Health Rehabilitative Services	Dr Amrita Roy Assistant Professor Jindal Institute of Behavioural Sciences O. P. Jindal Global University Sonipat, Haryana	Dr. Arunjyoti Baruah Prof & HoD, Dept of Nursing, LGBRIMH Tezpur, Assam	Anand Swaroop Auditorium (Block - 45) 4 th Floor	
	09.45 to 10.30 am	Session 8	Building Nurse Resilience: Managing Burnout and Trauma	Dr.Anviti Gupta Dean School of Humanities Sharda University	Dr. Janarthanan. B, Faculty of Psychiatric Nursing, College of Nursing, JIPMER, Puducherry.		
	10.30 to 11.15 am	Session 9	Care beyond repair: social suffering, meaning and hope in times of despair	Dr Mayane Haushahn Bueno, (Federal University of Rio Grande do Sul, Brazil) Asst Prof of Sociology, Sharda University.	Dr Usha Marath Professor cum Principal, Lisie College of Nursing, Lisie Hospital, Ernakulam, Kerala, India.		
	11.15 to 11.45 am			"Short oral communication" / Tea			
	11.45 to 12.30 pm	Session 10	Capacity-Building Models for Emergency Mental Health Nursing	Dr Jayakumar C Additional Professor, Dept of PSS in Disaster Management, NIMHANS, Bengaluru	Dr Suresh K Sharma Consultant, Clinical & Nursing Informatics, Research and Development at C-DAC, Pune, Maharashtra	Anand Swaroop Auditorium (Block - 45) 4 th Floor	
	12.30 to 01.15 pm	Session 11	Culturally Sensitive Approaches in Post-Disaster Mental Health Care	Dr Sujata Satapathy Professor Clinical psychology Dept. Of Psychiatry AIIMS, NEW DELHI	Brig Punita Avnesh Sharma (Retd) Technical Director HRH Jhpiego India. Dr Rajratan Assistant Professor, College of Nursing, AIIMS, Bhopal		
	01.15 to 02.15 pm			Lunch			
	02.15 to 03.00 pm	Session 12	Rights-Based Nursing Advocacy in Emergency Psychiatry	Dr Rajesh Sagar Professor Dept. Of Psychiatry AIIMS, NEW DELHI	Dr Sandhya Gupta Health consultant (NHSRC, GoI) and Lifestyle Coach. Formerly Principal (actg.) And Associate Professor, College of Nursing AIIMS, New Delhi. Dr Sushil Kumar Maheshwari Asso Prof (Dept. of Psy Nsg) Principal (off.), CoN, Ins of Human Behaviour & Allied Sci (IHBAS), Delhi	Anand Swaroop Auditorium (Block - 45) 4 th Floor	
	03.00 to 04.30 pm	Workshop: Psychological First Aid in Advancing Nursing Practice: Resource persons: Dr Jayanthi K N, Lecturer, College of Nursing, NIMHANS, Bengaluru Mr Yogesh Kumar C, Lecturer, College of Nursing, NIMHANS, Bengaluru Dr Rajalakshmi R, Clinical Instructor, College of Nursing, NIMHANS, Bengaluru Hands-on Training on Psychological First Aid Good Practices: Chair person : Dr. Arunjyoti Baruah, Prof and HoD, Dept of Nursing, LGBRIMH, Tezpur Dr. Sharmila Jayapalan,v Prof and HoD, CoN, Dayananda Sagar University, Bangalore			Symposium 1: Post Disaster Psychosocial Rehabilitation, Recovery, and Resilience Building Chairperson: Mr Ghanshyam Jangir, Dean, RUHS Moderator: Dr Jothimani G, College of Nursing, NIMHANS Seminar on Acceptance and Commitment Therapy Resource Person: Dr Chrisma		Good Practices: Anand Swaroop Auditorium (Block - 45) 4 th Floor Workshop: 1 st Floor - 102 Symposium: 3 rd floor- Lab 1 Seminar: 3 rd Floor - Lab3 Scientific Presentation: 3 rd Floor- Sem 1
	04.30 to 05.00 pm			Tea			
05.00 to 06.00 pm			Annual General Body Meeting- Dr G Radhakrishnan & Dr G Balamurugan		Anand Swaroop Auditorium 4 th Floor		

Day 3: 25/02/2026 Wednesday

Day	Time	Sessions / Events	Topic	Speaker	Chairperson	Venue
Day 3 25 Feb 2026 Wednesday	09.00 to 09.45 am	Session 13	Digital Tools for Mental Health Care in Catastrophes & Emergencies - Tele MANAS experience	Dr G Balamurugan Asst Prof of Nursing, Tele MANAS NIMHANS Bangalore	Dr. Rajeshkumar Associate Professor College of Nursing, AIIMS, Rishikesh	Anand Swaroop Auditorium (Block - 45) 4 th Floor
	09.45 to 10.30 am	Session 14	Code lavender	Col S G Jyothy(Retd) Head Training and Development, Spoorthy Integrated Solutions	Dr Muthuvenkatachal am Associate Professor, College of Nursing, AIIMS, Mangalagiri	
	10.30 to 11.00 am			"Short oral communication" / Tea		
	11.00 to 12.00 pm	Session 15	Panel discussion Bridging the Gaps in Mental Health Financing, Workforce & Services - Evidence from the WHO Atlas 2024	Moderator: Dr Radhakrishnan. G, Additional Professor, Dept of Nursing, NIMHANS, Bengaluru. Panelists: 1. Dr. Veereshkumar Nandagaon 2. Mr Sumit D. Khare 3. Dr Dinesh Selvam		Anand Swaroop Auditorium (Block - 45) 4 th Floor
	12.00 to 01.00 pm			Valedictory function		
	01.00 to 02.00 pm			Lunch		

Registration Fee Details:

Category of Delegate	Registration Fee		
	Early Bird (till 15/02/2026)	From 16/02/2026 to 22/02/2026	On spot
ISPN Members (Life and Associate Members)	4000	4500	5000
Non-ISPN Members	5000	5500	6000
Nursing Students (Post Graduate)	2500	3000	3500
Foreigners	125 USD	150 USD	175 USD

Register Here

<https://ispnindia.org/ispnc2026/>



Hon'ble Chief Minister
Shri Yogi Adityanath
 Presents this certify of excellence to
Sharda School of Nursing Science and Research
Sharda University




Hon'ble Chief Minister
Shri Yogi Adityanath
 Presents this certificate of excellence to
*Sharda School Of Nursing Science
 And Research, Sharda University*
 Gautam Budh Nagar
 in recognition of maintaining the
 remarkable quality of Nursing Education
 and becoming a
Mentor Institute
 For other mentee institutes in the state to
 guide them in their development.
 08 October - 2022

Dr. Alak Kumar
Secretary UP State Medical Faculty

Smt. ShruTi Singh
Director General of Medical Education






Certificate of Excellence

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 In the Gracious Presence of Hon'ble Minister of State
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For Becoming a
"A" Rated Institute
 in the Rating Cycle 2023, and
 Upholding the Highest Quality Standards.
 12 September 2023

Dr. Alak Kumar
Secretary, U.P. State Medical Faculty

Kunal Singh
President, U.P. State Medical Faculty










सर्वस्वतः एवं परिवर्तितः कल्याणं संसारतः
सर्वेषु संश्रितम्

CERTIFICATE OF APPRECIATION

PROUDLY PRESENTED TO :

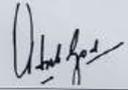
Sharda School of Nursing Sciences and Research, Uttar Pradesh

for their outstanding performance on the occasion of
World Hypertension Day 2024



DR. L. SWASTICHARAN
 ADDL. DDG & DIRECTOR (EMR), DTE, GHS, MOHFW





DR. (PROF.) ATUL GOEL
 DIRECTOR GENERAL OF HEALTH SERVICES, MOHFW





SHARDA UNIVERSITY

Beyond Boundaries



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