



**SHARDA**  
UNIVERSITY  
*Beyond Boundaries*



NATIONAL  
INSTITUTIONAL  
RANKING  
FRAMEWORK



**SHARDA**  
HOSPITAL



**ShardaCare**  
HEALTHCARE  
Healthier World Together



# DEPARTMENT OF COMMUNITY MEDICINE

School of Medical Sciences & Research, Sharda University, Greater Noida

in collaboration with

## IAPSM - UP-UK CHAPTER

presents

# NATIONAL CONFERENCE ON NUTRITION

## "NUTRICON 2025"

*Theme: "Nutritious Food for All, From Children to the Elderly"*

# 02<sup>nd</sup>

SEPTEMBER 2025

TUESDAY

08:30 AM

TO

06:00 PM



VENUE

### DHANWANTRI AUDITORIUM

Fifth Floor, SMS&R Building  
Sharda University, Greater Noida

Applied for  
**CREDIT HOURS**  
from UPMC

# "NUTRICON 2025"

*"Nutritious food for all, from children to the elderly"*

National Nutrition Week is observed every year from September 1<sup>st</sup> to 7<sup>th</sup>, with the goal of promoting healthy eating habits and nutritional awareness.

## Objectives of "NUTRICON 2025":

**Raise Awareness :** Educate people about the importance of proper nutrition for overall health and well-being.

**Promote Healthy Eating :** Encourage individuals to adopt healthy eating habits and make informed dietary choices.

**Combat Malnutrition :** Address malnutrition in all its forms, including undernutrition and overnutrition.

Stay tuned for updates on National Nutrition Week 2025 and get involved in promoting healthy eating habits and nutrition awareness!

## **LINK FOR REGISTRATION**

<https://forms.gle/TymQPPWsKuNoQqwW9>

## **REGISTRATION FEE**

**Faculty/SR/PG/Tutor : ₹ 1,100/-** } (Including GST, High Tea, Lunch  
Welcome Kit & Certificate)

## **ACCOUNT DETAILS**

<b>Bank Name</b>	:	ICICI Bank Ltd.
<b>Branch Address</b>	:	Krishna Apra Royal Plaza, D-2, E(acb), Alpha-1, Greater Noida, G.B. Nagar, 201306
<b>Account Name</b>	:	Sharda University-Seminar
<b>Account No.</b>	:	025405005815 (CURRENT AC)
<b>IFSC Code</b>	:	ICIC0000254
<b>SWIFT Code</b>	:	ICICINBBCTS
<b>MICR Code</b>	:	110229037

### **NOTE**

- STEP 1 :** Fill the form with complete details correctly
- STEP 2 :** Scan the QR Code given below & do the payment.
- STEP 3 :** Take screenshot of the payment done by the QR code & upload in the attached file option
- STEP 4 :** Upload your transaction ID & transaction Date done by QR code payment.



For any query, please contact:

**DR. NEERAJ PAL SINGH**  
☎ 8218816859

**DR. ISHANT KUMAR**  
☎ 9873278709

# *Welcome from* **Organizing Team**

It gives us immense pleasure to invite you to the **National Conference on Nutrition "NUTRICON 2025"** in collaboration with Indian Association of Preventive and Social Medicine, Uttar Pradesh and Uttarakhand Chapter, on 2<sup>nd</sup> September, 2025. National Nutrition Week 2025 serves as a reminder that our health and nutrition are closely linked. Making mindful food choices, embracing traditional diets, and minimizing food waste are small steps with a big impact. Let us take this opportunity to adopt healthier habits and work together toward a nourished and sustainable future.

Hope you will join us with your team at School of Medical Sciences and Research, Sharda University, Greater Noida and together we will make a difference to make a healthier nation.



**Dr. Shalini Srivastava**  
Professor & Head



**Dr. Harsh Mahajan**  
Professor



**Dr. Amit Singh Pawaiya**  
Professor



**Dr. Neha Tyagi**  
Professor



**Dr. Anshu Singh**  
Associate Professor



**Dr. Ambren Chauhan**  
Associate Professor



**Dr. Md. Meraj Gohar**  
Assistant Professor



**Dr. Kabita Barua**  
Assistant Professor



**Dr. Ishant Kumar**  
Assistant Professor



**Dr. Neeraj Pal Singh**  
Assistant Professor



## PATRONS



**Shri P.K. Gupta**  
Chancellor  
Sharda University



**Shri Y.K. Gupta**  
Pro-chancellor  
Sharda University



**Shri Rishabh Gupta**  
Vice President  
Sharda Hospital



**Dr. Sibaram Khara**  
Vice-chancellor  
Sharda University

## SPEAKERS



**Dr. Jugal Kishore**  
Director Professor,  
Dept. of Community Medicine  
VMMC & Safdarjung Hospital,  
New Delhi



**Dr. Aaradhana**  
Professor  
Dept of Paediatrics  
UCMS & GTB Hospital,  
New Delhi



**Ms. Mayuri Rastogi**  
Assistant Professor  
SUSAH,  
Sharda University



**Ms. Garima Tiwari**  
Educator Head - Clinical Nutrition  
& Dietetics Department  
Sharda Care - Healthcity

## ORG. CHAIRMAN



**Dr. Nirupma Gupta**  
Dean, SMS&R,  
Sharda University



**Dr. Ram Murti Sharma**  
Medical Superintendent  
Sharda Hospital

## CO-ORG. CHAIRMAN



**Dr. Amit Singh Pawaiya**  
Associate Dean, SMS&R,  
Sharda University

## ORG. SECRETARY



**Dr. Shalini Srivastava**  
Professor & Head,  
Community Medicine  
SMS&R, Sharda University



**Dr. Harsh Mahajan**  
Professor  
Community Medicine  
SMS&R, Sharda University



**Dr. Ambren Chauhan**  
Associate Professor,  
Community Medicine  
SMS&R, Sharda University



**Dr. Md. Meraj Gohar**  
Assistant Professor,  
Community Medicine  
SMS&R, Sharda University

## TREASURER



**Dr. Ishant Kumar**  
Assistant Professor



**Dr. Neeraj Pal Singh**  
Assistant Professor

## SCIENTIFIC COMMITTEE



**Dr. Neha Tyagi**  
Professor



**Dr. Anshu Singh**  
Associate Professor



**Dr. Sachin Nagar**  
PG-3

## RECEPTION COMMITTEE



**Dr. Kabita Barua**  
Assistant Professor



**Dr. Sushila Verma**  
LMO



**Dr. Rahul Choudhary**  
PG-2



**Dr. Vishakha Srivastava**  
PG-1



**Dr. Abhinav Upadhyay**  
PG-1

## REFRESHMENT COMMITTEE



**Dr. Ishant Kumar**  
Assistant Professor



**Dr. Ajit Kumar**  
MO



**Dr. Navpreet Kaur**  
LMO

## PROGRAM SCHEDULE

Time	Topic	Faculty
08:30 am – 09:30 am	Registration	
09:30 am – 11:30 am	Oral and Poster Presentation	Chairperson/Moderator
11:30 am – 12:00 pm	TEA BREAK	
12:00 pm – 12:30 pm	Inauguration and Welcome Address	Honorable Chancellor and Pro- chancellor Sharda University
12:30 pm – 01:30 pm	Guest lecture on <b>“Topic: Nutrition Across the Lifespan: Understanding needs for elderly”</b> .	<b>Dr. Jugal Kishore</b> Director Professor Community Medicine VMCM and Safdarjung Hospital, New Delhi
01:30 pm – 02:30 pm	LUNCH	
02:30 pm – 03:30 pm	Guest lecture on <b>“Topic: Feeding Smart, Right from Start: Educating young minds about balanced nutrition and prevention from childhood obesity”</b>	<b>Dr. Aaradhana</b> Professor Department of Paediatrics UCMS & GTB Hospital New Delhi
03:30 pm – 04:30 pm	Guest Lecture on <b>“Topic: Choose the Best for yourself: Keto/ OMAD/ Dicit/ Intermittent fasting”</b>	<b>Ms. Mayuri Rastogi</b> Assistant Professor SUSAH, Sharda University
04:30 pm – 05:15 pm	Guest Lecture on <b>“Topic: Facts and Myths on Nutrition”. Do You Want to Know More?</b>	<b>Ms. Garima Tiwari</b> Head- Clinical Nutrition & Dietetics Department Sharda Care – Healthcity
05:15 pm – 05:45 pm	Valedictory	
05:45 pm – 06:00 pm	Vote of Thanks	<b>Dr. Ishant Kumar</b> Assistant Professor Community Medicine, SMS&R, Sharda University

## CALL FOR ABSTRACT AND SUBMISSION GUIDELINES

**Last date for Abstract Submission is 17<sup>th</sup> August, 2025.**

**Registration is mandatory for Abstract submission.**

Scientific Committee welcomes submission of abstracts on the following subthemes-

1. Breastfeeding Practices.
2. Infant & Young Child feeding.
3. Adolescent Nutrition.
4. Maternal Nutrition.
5. Geriatric Nutrition.
6. Nutritional Deficiencies and Disorders
7. Malnutrition.
8. Miscellaneous.

### **Guidelines for submission of Abstract**

- The abstract should be limited to 250 words and should include Title, Author's affiliation(s), Introduction, Aim & Objectives, Material and Methods, Results and Conclusion.

**Abstract should be submitted to E-mail: [nutriconsmsr2025@gmail.com](mailto:nutriconsmsr2025@gmail.com)**

Selected Abstract should be presented

**Oral : 10 slides on MS-Powerpoint**

**Poster : E-poster as on 90 × 60 cm**

Title	:	_____
Author(s)	:	_____
Introduction	:	_____
Aim & Objectives	:	_____
Material & Methods	:	_____
Results	:	_____
Conclusion	:	_____



