

# DEPARTMENT OF ANATOMY SCHOOL OF MEDICAL SCIENCES & RESEARCH

## WORKSHOP ON FACIAL AESTHETIC SURGERY

**28<sup>th</sup> & 29<sup>th</sup> SEPTEMBER, 2024 | 08:00 AM ONWARDS**

### SPEAKERS

#### DR JAMES G M MCDIARMID

Aesthetic Plastic Surgeon in full time private practice.  
Specialising in aesthetic surgery of the face, breast and body.  
Wood MediSpa owner and founder.

#### DR VENKATA RAMANA YAMANI

Plastic and Cosmetic Surgeon. Contours Plastic &  
Aesthetic Surgery Center Hyderabad  
a premier Rhinoplasty center.

#### DR RANA DAS-GUPTA

Fully UK accredited consultant plastic and  
reconstructive surgeon at University Hospitals  
NHS Trust, in Warwickshire.

#### DR ADITYA AGGARWAL

Vice Chairman  
Plastic, Aesthetic and Reconstructive Surgery  
Medanta Hospital

#### DR RAJAT GUPTA

Plastic Surgeon, Hair Transplant Surgeon  
CK Birla Hospital

### CONVENERS

#### DR NIRUPMA GUPTA

Dean, SMS&R  
Sharda University

#### DR RAM MURTI SHARMA

Medical Superintendent  
Sharda Hospital

### CO-CONVENERS

#### DR RAM PRAKASH GUPTA

Professor & Head, Dept. of Anatomy  
SMS&R, Sharda University

#### DR ABHINIT KUMAR

Associate Dean, SMS&R  
Sharda University

### MODERATOR

#### DR AMRITA BHARTI

Associate Professor, Dept. of Anatomy  
SMS&R, Sharda University

### ORGANIZING TEAM

#### DR ADITI BHATNAGAR

Professor – Anatomy,  
SMS&R, Sharda University

#### DR RACHNA ROHATGI

Associate Professor – Anatomy,  
SMS&R, Sharda University

#### DR ANUJ KR. SRIVASTAVA

Associate Professor – Anatomy,  
SMS&R, Sharda University

#### DR RITU SINGH

Assistant Professor – Anatomy,  
SMS&R, Sharda University

#### DR ANKUR SHARMA

Assistant Professor – Anatomy,  
SMS&R, Sharda University

### VENUE

1. DISSECTION HALL, Dept. of Anatomy, Ground Floor, SMS&R Building, Sharda University
2. DHANWANTRI AUDITORIUM, 5<sup>th</sup> Floor, SMS&R Building, Sharda University



**SHARDA  
HOSPITAL**



**ShardaCare**  
HEALTHCITY



**SHARDA  
UNIVERSITY**  
Beyond Boundaries



# **DEPARTMENT OF ANATOMY SCHOOL OF MEDICAL SCIENCES & RESEARCH**

is hosting

## **WORKSHOP ON FACIAL AESTHETIC SURGERY**

**28<sup>th</sup> to 29<sup>th</sup>**  
**SEPTEMBER 2024**

**08:00 am  
Onwards**

### **VENUE**

#### **DISSECTION HALL**

Dept. of Anatomy, Ground Floor  
SMS&R Building, Sharda University,  
Greater Noida

#### **DHANWANTRI AUDITORIUM**

5th Floor, SMS&R Building,  
Sharda University, Greater Noida

## ABOUT THE WORKSHOP

Dear All,

It's our pleasure to host the upcoming "A Hands on Cadaver workshop on Facial Aesthetic Surgery on 28<sup>th</sup> and 29<sup>th</sup> September 2024 at SMS&R, Sharda University, Greater Noida, Delhi NCR

A Unique Hands on experience for Facelift and Rhinoplasty procedures, in depth discussion of all the techniques of facelift and perform Deep Plane Facelift. In depth dissection of open and closed Rhinoplasty including cartilage and Bony modifications with cadaver lab organised by Medcubator for delegates. The top trainers in the world will teach the nuances of Plastic surgery on Cadaver about toxins and fillers plus Blepharoplasty, Genioplasty, and Implants, Lip reduction, Buccal fat excision, Cheek Dimple creation and demonstration of thread lift.

The most premier course of the year on Facial Aesthetics, a hands on cadaveric workshop is organized for the first time in Delhi/NCR by Indian Association of Aesthetic Plastic Surgeons with Academic Partner Medcubator and hosted by Sharda University as a joint academic event, on 28<sup>th</sup> and 29<sup>th</sup> September 2024 at SMS&R, Sharda University, Greater Noida.

- Live Surgical procedures
- Hands on workshop for plastic surgery on cadaver
- A unique in depth discussion of facelift and rhinoplasty procedures and techniques of deep plane facelift
- In depth dissection of open and closed Rhinoplasty including cartilage and bony modifications.
- Non surgical techniques of toxins and fillers plus blepharoplasty, genioplasty and implants, lip reductions, buccal fat excision, cheek dimple creation and demonstration of thread lift.
- Networking & Socialising with renowned National and International Plastic surgeons

We are looking forward to witness this great event at SMS&R, Sharda University. Greater Noida.

## PATRON



**Shri. P. K. Gupta**  
Chancellor  
Sharda University



**Shri. Y. K. Gupta**  
Pro-chancellor  
Sharda University



**Prof. Sibaram Khara**  
Vice Chancellor  
Sharda University

## CO-PATRON



**Dr. Parmanand**  
Pro-chancellor  
Sharda University



**Shri. Vivek Gupta**  
Registrar  
Sharda University

## SPEAKERS



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**Dr Rajat Gupta**  
Plastic Surgeon, Hair Transplant Surgeon  
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## CONVENERS



**Dr Nirupma Gupta**  
Dean, SMS&R  
Sharda University



**Dr Ram Murti Sharma**  
Medical Superintendent  
Sharda Hospital

## CO-CONVENERS



**Dr Ram Prakash Gupta**  
Professor & Head – Anatomy  
SMS&R, Sharda University



**Dr Abhinit Kumar**  
Additional Dean  
SMS&R, Sharda University



**Dr Amrita Bharti**  
Associate Professor – Anatomy  
SMS&R, Sharda University

## MODERATOR

## ORGANIZING TEAM



**Dr Aditi Bhatnagar**  
Professor – Anatomy  
SMS&R, Sharda University



**Dr Rachna Rohatgi**  
Associate Professor – Anatomy  
SMS&R, Sharda University



**Dr Anuj Kr. Srivastava**  
Associate Professor – Anatomy  
SMS&R, Sharda University



**Dr Ritu Singh**  
Assistant Professor – Anatomy  
SMS&R, Sharda University



**Dr Ankur Sharma**  
Assistant Professor – Anatomy  
SMS&R, Sharda University

1<sup>st</sup> IAAPS

# Hands-on Cadaver Course on Facial Aesthetic Surgery

28th September 2024



Day-1

08:00 AM to 05:15 PM



International Society of Aesthetic Plastic Surgery

Session <b>1</b> Brow Lift	Session <b>2</b> Rhinoplasty	Session <b>3</b> Face Lift
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Registartion	>	08:00 AM - 08:30AM
Introduction & Planning	>	08:30 AM - 09:00AM
Session - 1 : Brow Lift	>	09:00 AM - 11:15 AM
Session - 2 : Rhinoplasty	>	11:15 AM - 02:00 PM
Running Lunch	>	01:30 PM - 02:30 PM
Session - 3 : Face Lift	>	02:15 PM - 05:15 PM

<b>Session - 1:</b> <b>9:00 AM - 11:15 AM</b>  <b>BROW LIFT</b>  Temporal & Forehead Lift	• 09:00 AM - 09:45 AM: Lead Faculty Demonstration	DISSECTORS	
	• 09:45 AM - 11:15 AM : Hands-on Dissection		
	• 10:00 AM - 10:20 AM : Faculty Talk - 1		OBSERVERS
	• 10:20 AM - 10:40 AM : Faculty Talk - 2		
	• 10:40 AM - 11:00AM : Faculty Talk - 3		

## Objectives for Demonstration & Discussion

1. Anatomy: Forehead and Temporal Area
2. Incisions for Brow lift
3. Dissection: Tissue Layers & Procedure steps
4. Various Techniques of Brow Lift & Applications
5. Cultural aspects of Brow Lift Surgery

*Faculty talks for Observer Delegate group on Brow Lift will be delivered as mentioned*

**Session - 2:**  
**11:15 AM - 2:00 PM**

## **RHINOPLASTY**

Open  
Rhinoplasty

11:15 AM - 12:30 PM :  
Lead Faculty Demonstration  
12:30 PM - 2:00 PM : Hands-on Dissection

12:30 PM - 12:50 PM : Faculty Talk - 1  
12:50 PM - 01:10 PM : Faculty Talk - 2  
01:10 PM - 01:30 PM : Faculty Talk - 3

DISSECTORS  
OBSERVERS

### **Objectives for Demonstration & Discussion**

1. Incision
2. Degloving of Dorsum: Ligaments to be demonstrated
3. Septal dissection: Septoplasty, Turbinates, Graft Harvest
4. Tip Grafts: Various types & demonstration of placement of grafts
5. Osteotomies: Types & how to perform
6. Augmentation in brief with demonstration

*Faculty talks for Observer Delegate group on Rhinoplasty will be delivered as mentioned*

**Session - 3:**  
**2:15 PM - 5:15 PM**

## **FACE LIFT**

Face Lift &  
Neck Lift

02:15 PM - 03:30 PM :  
Lead Faculty Demonstration  
03:30 PM - 05:15 PM : Hands-on Dissection

12:30 PM - 12:50 PM : Faculty Talk - 1  
12:50 PM - 01:10 PM : Faculty Talk - 2  
01:10 PM - 01:30 PM : Faculty Talk - 3

DISSECTORS  
OBSERVERS

### **Objectives for Demonstration & Discussion**

1. Incisions
2. Layers & Diff. techniques; Deep Plane Lift, SMAS Plication, SMASectomy, Suture Application level
3. Neck lift:
4. Critical Aspects: Preservation of Marginal Mandibular Nerve

*Faculty talks for Observer Delegate group on Face Lift will be delivered as mentioned*

### **Instructions for Faculty & Dissectors**

- Both the dissectors should divide and perform the steps.
- Each table has one faculty to guide the dissectors.
- Faculty should oversee the dissector's work and demonstrate if needed.
- Faculty should be mindful of the dissector's time.
- One-page instruction manual will be provided to the dissectors by faculty.

# 1<sup>st</sup> IAAPS

## Hands-on Cadaver Course on Facial Aesthetic Surgery

29th September 2024



Day-2

08:30 AM to 05:00 PM



International Society of Aesthetic Plastic Surgery

Session <b>1</b> Fillers	Session <b>2</b> Toxins	Session <b>3</b> Blepharo-Plasty	Session <b>4</b> Platysmo-Plasty	Session <b>5</b> Lip Reduction
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Inauguration	>	08:30 AM - 09:00AM
Fillers	>	09:00 AM - 10:00AM
Toxins	>	10:00 AM - 11:00 AM
Thread Lift	>	11:00 AM - 11:30 AM
Blepharoplasty	>	11:30 AM - 01:30 PM
Lunch Break	>	01:30 PM - 02:30 PM
Platysmoplasty	>	02:30 PM - 03:30 PM
Other Procedures	>	03:30 PM - 05:00 PM

### Session - 1 & 2:

#### FILLERS & TOXINS

Tear Troughs, Nasolabial Folds, Marionette Lines, Forehead Wrinkles, Crow's Feet, Masseter Hypertrophy, Platysmal Bands & Gummy Smile

#### 9:00 AM - 10:00 AM ; FILLERS

09:00 AM - 9:30 AM :

Lead Faculty Demonstration

09:30 AM - 10:00 AM : Hands-on Injection

#### 10:00 AM - 11:00 AM ; TOXINS

10:00 AM - 10:30 AM :

Lead Faculty Demonstration

10:30 AM - 11:00 AM : Injection Demonstration



Session - 3:

## THREAD LIFTS

PDO Threads  
Jowls & Neck

**11:00 AM - 11:30 AM**

- 11:00 AM - 11:15 AM :  
• Lead Faculty Demonstration
- 11:15 AM - 11:30 AM : Hands-on Thread Lift

Session - 4:

## BLEPHARO PLASTY

Upper & Lower  
Eyelids Lift

**11:30 AM - 01:30 PM**

- 11:30 AM - 12:30 PM :  
• Lead Faculty Demonstration
- 12:30 PM - 01:30 PM : Hands-on Dissection

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- 12:30 PM - 01:00 PM : Faculty Talk - 1
- 01:00 PM - 01:30 PM : Faculty Talk - 2

Session - 5:

## PLATYSMO PLASTY

Neck Lift

**2:30 PM - 3:30 PM**

- 02:30 PM - 03:00 PM :  
• Lead Faculty Demonstration & Dissection
- 03:00 PM - 03:30 PM : Hands-on Dissection

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- 03:00 PM - 03:15 PM : Faculty Talk - 1
- 03:15 PM - 03:30 PM : Faculty Talk - 2

Session - 6:

## OTHERS

Lip Reduction  
Buccal Fat Removal  
Genioplasty  
Cheek Dimple Creation

**3:30 PM - 5:00 PM**

- 03:30 PM - 04:05 PM : Lip Reduction
- 04:00 PM - 04:15 PM : Buccal Fat Removal
- 04:15 PM - 04:45 PM : Genioplasty
- 04:45 PM - 05:00 PM : Cheek Dimple Creation

