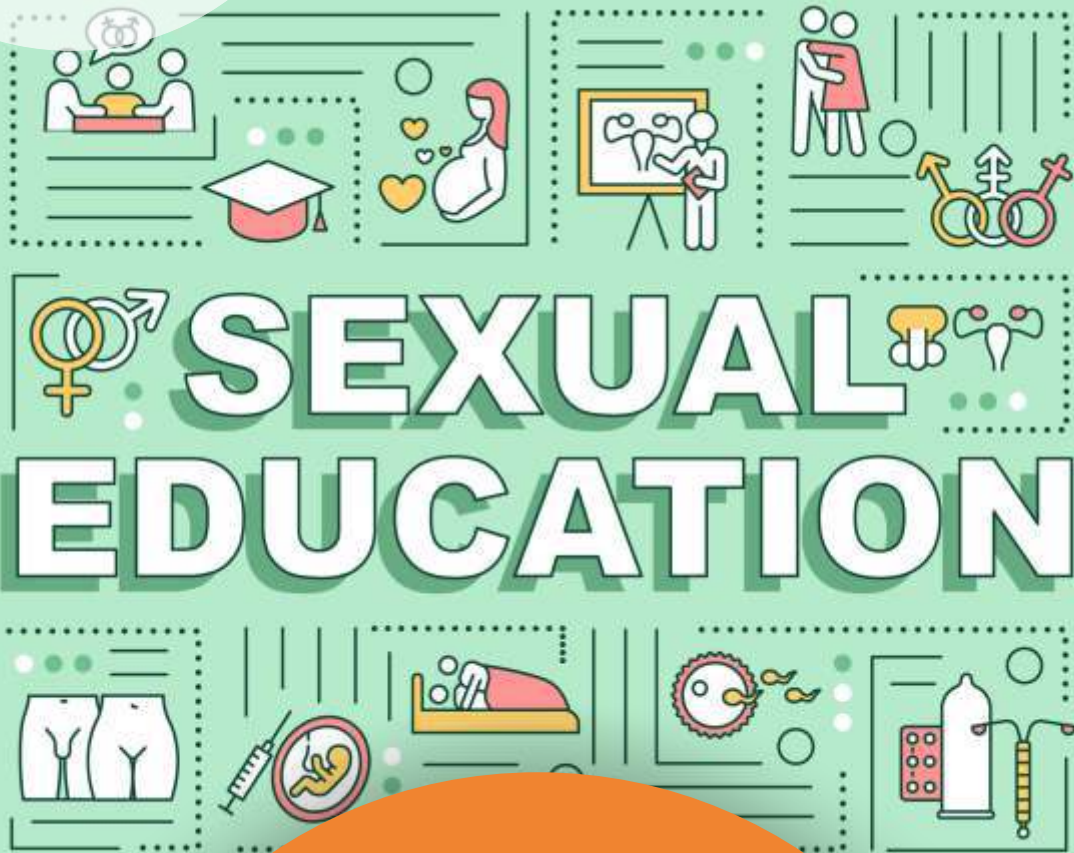




**SHARDA**  
UNIVERSITY  
*Beyond Boundaries*



**SHARDA SCHOOL OF  
HUMANITIES &  
SOCIAL SCIENCES**



# SEXUAL EDUCATION

COURSE

## Indigenous Sex Education

(NV87011)

**VALUE ADDED**  
COURSE BROCHURE-30 HRS  
2024-25

## ABOUT THE UNIVERSITY

Sharda University is a leading Educational institution based out of Greater Noida, Delhi NCR. A venture of the renowned Sharda Group of Institutions (SGI), The University has established itself as a high quality education provider with prime focus on holistic learning and imbining competitive abilities in students.

## ABOUT SCHOOL

The Sharda School of Humanities and Social Sciences (SSHSS) plays a crucial role in providing students with an ambience that is helpful in developing an understanding of modern social issues through science, technology and management with an interdisciplinary approach. SHSS has a unique and unique role of providing a creative educational programmer that focuses on overall understanding of complexities of life with an emphasis on Indian cultural values and ethics.

The academic programs are specially designed in accordance with the best global practices. We combine the best practices of teaching and classroom learning and complements them with practical training and experiential learning. The school is equipped with modern facilities for the students and supported by a state-of-the-art library having large collections of books, journals, audio-visual aids and other learning materials.

## KEY HIGHLIGHTS

SSHSS adopts the interdisciplinary and integrative pedagogical approach to systematically impart training for diverse languages, literature, histories and cultures. SHSS at Sharda University takes the global learning environment to a new level with cultural, creative and academic activities.

The school is equipped with a language lab with access to Pearson Global English Software; Wi- Fi enabled spacious classrooms with projectors and other audio-visual aids. SHSS has emerged as the epicenter of cultural, creative and academic activity at Sharda University with students from all over the world creating a multi-cultural environment and a vibrant global network of students.

Department of Humanities and Social Sciences

The Department of Humanities and Social Sciences offers various courses that encourage the spirit of enquiry and critical analysis of new categories of thought that connects individual experience to the wider social life.

Committed to the pursuit of excellence in higher education, the department offers degrees at Bachelor, Masters and PhD levels in English Literature, Political Science, History, Psychology and Sociology. The department also offers various short term courses in language proficiency. It offers special "bridge" courses and Communicative English Programs to students seeking to improve their language skills. The Remedial English course we offer to university students is always in demand and is found useful by a wide range of students from various disciplines.

## VISION, MISSION OF THE UNIVERSITY

### Vision

To serve the society by being a global University of higher learning in pursuit of academic excellence, innovation and nurturing entrepreneurship.

### Mission

1. Transformative educational experience
2. Enriched by educational initiatives that encourage global outlook
3. Develop research, support disruptive innovations and accelerate entrepreneurship
4. Seeking beyond boundaries

## CORE VALUES

- Integrity
- Leadership
- Diversity
- Community

## VISION, MISSION OF THE SCHOOL

### Vision

To become one of the leading schools of humanities and social sciences by setting global standards of excellence in ingenious curriculum, teaching-learning methods, professional development, and cross-cultural understanding

### Mission

- M1.** To promote learning and employability skills among students.
- M2.** To promote study of humankind and its manifestation.
- M3.** To help students succeed in their academic and professional lives.
- M4.** To encourage research and promote knowledge creation.

## ABOUT THE COURSE

This course helps to develop the understanding of human development across their lifespan within the context of family, peer groups, child-care and after-school, Programs, schools, neighborhoods, and larger communities and society. Developmental psychology is a scientific approach which aims to explain growth, change and consistency through the lifespan. It also looks at how thinking, feeling, and behavior change throughout a person's life.

## PROFILE

**Dr. Pallavi Thakur** is a PhD from IIT Roorkee. Has a teaching experience of more than ten years. Delivered a lecture series on Business Communication for UGC-ECE programmes, published several papers in National and International Journals, and also two books – Business Communication, Shashi Deshpandes Fiction A Woman's Journey from Self-Effacement to Self-Actualization. Her areas of interest encompass Feminism in Indian English Fiction and Canadian Studies.

**Dr. Prachi Priyanka** holds Ph.D. in English Literature. She has worked as freelance editor for a reputed publishing house and has experience and expertise in teaching English literature at graduation and post graduation levels and English language to International students. She has published several research papers in reputed journals and books. Her areas of interest include English Literature, Creative Writing, Western Art, and the interdisciplinary exploration of art and literature.

**Dr. Ritu Singh** is an Associate Professor in the School of Humanities and Social Sciences. In the career span of over thirteen years in academics, she has handled and accomplished various academic and administrative responsibilities. An articulate and qualified English teacher, she is able to communicate effectively with students from diverse backgrounds and with varying degrees of ability and proficiency. Her areas of interest include American Literature, Indian Literature, Women's Writing, and Postcolonial Literature.

**Dr. Brinda Choudhary** is an Associate Professor teaching courses in Professional Communication, aimed at developing and enhancing the professional skills of the undergraduate and post graduate Engineering students. She has published articles on Applied Linguistics in the Indian Journal of Applied Linguistics and has worked with SCERT, writing English course books for primary and Middle schools. Her areas of interest include Applied Linguistics and Ancient Indian Studies.

## COURSE SCHEDULE

Week	Content	Duration Hrs.
1	Meaning of Sex Education	2
2	Sex as Taboo in India	2
3	Types of Sex Education, Importance of Sex Education in India	2
4	STD, its meaning, and how they are transmitted	2
5	HIV, its meaning and its prevention	2
6	AIDS, its meaning, and its prevention	2
7	Understanding Diverse sexual orientations	2
8	Exploring Gender Identity and expression	2
9	LGBTQ+ Issues and inclusivity	2
10	Awareness of sexual violence and Harassment	2
11	Sexual crimes, types of sexual crimes	2
12	Socio-cultural impact of sexual violence in society	2
13	Cultural perspectives on Sexuality	2
14	Ethical considerations related to sexual behavior	2
15	Contemporary issues related to sex	2
Total		30

## Course Module

**School: SSHSS**

**Program: B.A.**

**Branch: Humanities**

**Batch : 2024-28**

**Current Academic Year: 2024-25**

**Semester: II**

1 . Course Code	Nv87011
1 . Course Title	Indigenous Sex Education
1 . Credits	Non-credit
1 . Contact Hours (L-T-P)	30 Hours
Course Type	Value added course
5. Course Objective	<p>The objectives of the course are: -</p> <ul style="list-style-type: none"> <li>• To introduce students to a wide range of themes related to sex education for better understanding in India.</li> <li>• Provide an overview of Reproductive health, menstruation, STD, HIV AIDS, etc.</li> <li>• Familiarize students with basic about sexuality, sexual crimes, and so on.</li> <li>• Develop a fair understanding of why sex is taboo in India.</li> </ul>
6. Course Outcomes	<p>The students will able to: -</p> <p>CO1: Relate understanding of sex education in India.</p> <p>CO2: Understand the meaning of Reproductive health, contraception, its types, and its importance.</p> <p>CO3: Identify the process of STD, AIDS, and HIV and how it is detrimental to the human body.</p> <p>CO4: Analyze the formation of Sexual orientation and Gender Identity and, its importance in daily life.</p> <p>CO5: Evaluate the socio-cultural impact of sexual violence and harassment in Indian society.</p> <p>CO6: Develop a fair understanding of Sex Education in India, its importance and overall understanding.</p>
7. Course Description	<p>The course is designed to give students a fair understanding of Sex education and its need in India. It begins with the meaning of sex education or FLE, CSE, and its importance. It provides information on Reproductive health. The course also gives a glimpse into STDs, HIV, and AIDS and the functioning of the body. This course enhances your knowledge about sexual orientation, sexual harassment, and sexual crimes. It also emphasizes the importance of cultural and Ethical considerations of sex in India.</p>
8. Outline syllabus	CO Mapping
<b>Unit 1</b>	<b>Introduction of Sex Education</b>
A B C	Meaning of Sex Education
	Sex as Taboo in India
	Types of Sex Education, Importance of Sex Education in India.
<b>Unit 2</b>	<b>Relationship between sex education and Reproductive health</b>
A B C	STD, its meaning, and how they are transmitted
	HIV, its meaning and its prevention
	AIDS, its meaning, and its prevention
<b>Unit 3</b>	<b>Sexual Orientation and Gender Identity</b>
A B C	Understanding Diverse sexual orientations
	Exploring Gender Identity and expression
	LGBTQ+ Issues and inclusivity
<b>Unit 4</b>	<b>Sexual Violence and Harassment</b>
A B C	Awareness of sexual violence and Harassment
	Sexual crimes, types of sexual crimes Socio-cultural impact of sexual violence in society
<b>Unit 5</b>	Cultural and Ethical Considerations
A B C	Cultural perspectives on Sexuality
	Ethical considerations related to sexual behavior
	Contemporary issues related to sex
<b>Mode of examination</b>	Assignments; Quiz; Viva
<b>Text book/s*</b>	<ul style="list-style-type: none"> <li>• Anand Mulk Raj, Dane lane. (1982). Kamasutra Vatsyayana. Omprakash Jain.</li> <li>• Dr. Ankit Chandra. (2019) Complete Sex Education Guide. Notion press.</li> <li>• <a href="https://ncert.nic.in/textbook/pdf">https://ncert.nic.in/textbook/pdf</a></li> <li>• Stuckey, Rachel. (2015). Sexual Orientation and Gender Identity. Newyork: Crab Tree Publishing company.</li> </ul>